

DHEA

PRODUCT INFORMATION

Is the basis for many of the body's hormones and a natural hormone support for normal ageing.

Basics:

DHEA (**DeHydroEpiAndrosterone**) is currently one of the most important natural substances in anti-ageing medicine. Due to its numerous effects on the endocrine system, it is increasingly used to manage the declining performance in old age. In youth, blood levels of DHEA are highest compared to all other hormones. Most of this DHEA is stored as DHEA-S (DHEA sulphate). Unfortunately, both DHEA and DHEA-S levels decrease significantly with age. From the age of 40, DHEA levels drop to one third and by the age of 60 to one ninth of the level of 20-year-olds.

DHEA itself has a direct effect on lymphocytes, and can stimulate interleukin-2, an important communication protein involved in immune regulation. Independently of this, DHEA also serves as the "mother hormone" of many sex hormones, which in turn trigger specific effects in the body. Especially in older age, when gonadal function declines, people increasingly turn to DHEA to compensate for the deficit of sex hormones. However, if sufficient DHEA is lacking, there is a manifest deficit of all hormones derived from it.

If the body's own production of DHEA is impaired or there is an increased need, this hormone precursor can be supplemented through special food supplements.

Notes:

Food supplements are not intended as a substitute for a balanced and varied diet and a healthy lifestyle. Do not exceed the recommended daily intake. Keep out of the reach of children. Store protected from light and dry at room temperature.

The published information is not a cure and is not intended as a request or suggestion for selfmedication. Although some of the above statements on individual micronutrients are derived from scientific studies, they have been categorised as "not yet sufficiently proven" by official authorities such as the European Food Safety Authority (EFSA), meaning that no positive effect can be confirmed.

The product described here has not been conclusively evaluated by the Food and Drug Administration (FDA; USA) or the European Food Safety Authority (EFSA; Europe). This product is not intended to diagnose, treat, cure or prevent any disease.

Errors and typographical errors excepted. VBX-1-24

Not suitable for pregnant or breastfeeding women.

In some countries, the use of DHEA is highly regulated for professional athletes.

Ingredients:

One capsule (clear) contains:

5 mg, 10 mg, 15 mg, 25 mg or 50 mg DHEA (**DeHydroEpiAndrosterone**)

Other ingredients:

Rice Flour, Magnesium Stearate.

The product is vegan, vegetarian, gluten-free, lactose-free, not genetically modified.

Capsule shell vegan.

Recommended consumption:

Only enough DHEA should be taken to compensate for any deficiency. General guidelines for healthy adults are:

Women: 5 – 25 mg

Men: 25 – 100 mg

DHEA should be taken in the morning on an empty stomach, about 30 minutes before breakfast with plenty of fluid.

Manufacturer



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